

18th May 2025



Come Let's Talk About

Mental Health

Vision

Becoming Christ-like Disciples, Engaging the World

Mission

To be a Worshipping Community, helping one another to be obedient to God's Word and to be Ambassadors of Jesus Christ in a needy world

2025 Theme

Leadership Development

Growing and Nurturing Leaders in the Community.

THEME VERSE: Exodus 18:21-22


Sunday Services

Adults | Youth | Children

9:00_{AM} & 11:00_{AM}

Wednesday Prayer Service

6:00_{PM} - 7:30_{PM}



Come Let's Talk About

Mental Health

Sat, May 17
9am-1pm

Sat, May 24
9am-1pm

CLG Leaders & Church Workers Training

Training open to all congregants

Understanding Addiction & Church Response

Speaker

Albert Muraya
Christian Psychologist, Addiction Focus


IN PERSON

Karura Community Chapel, Limuru Rd

WATCH LIVE

@KaruraCC

Need a counsellor?
Call +254 721 766016 to get connected.
For more info: 0748513012



@karuracc
www.karuracc.or.ke



Come Let's Talk About

Mental Health

SUNDAY
18
MAY '25

Topic: **Addressing Addiction, Recovery & Mental Health**

TIME: 9AM & 11AM

IN PERSON

Karura Community Chapel, Limuru Rd

WATCH LIVE

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SPEAKER: ALBERT MURAYA
Christian Psychologist, Addiction Focus



Come Let's Talk About

Mental Health

SUNDAY
25
MAY '25

Topic: **Addressing Addiction, Recovery & Mental Health**

TIME: 9AM & 11AM

IN PERSON

Karura Community Chapel, Limuru Rd

WATCH LIVE

@KaruraCC

Need a counsellor?
Call +254 721 766016 to get connected.
Note: Psychologists and psychiatrists will be available on-site.



SPEAKER: MUMBI JOROGE
Specialist in Integrated Mental Health Promotion

This week...





SEASON II 2025

LAUNCH: SUNDAY 18TH MAY'25 | 8PM - 9PM



Meeting ID: 845 4985 3057
Passcode: 212121

To register send email to plugin@karuracc.or.ke or contact: 0718 614 508

COST INVOLVED:
Guide Book KES 1,000/- & Retreat: KES 6,000/-



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OMBI

Season Two



A 10-week journey into the heart of powerful, effective prayer.

Key Topics Covered:

- Pillars of Effective Prayer
- The Power of Intercession
- Spiritual Warfare
- Joy of fasting
- Praying for the Family

Starts Saturday 17th May 2025
9:00am – 11:00am | Karura CC, Limuru Rd (Kisima Block)

Starts Sunday 18th May, 2025
1:30am – 3:30pm | Karura CC, Limuru Rd

Starts Monday 19th May 2025
7:30pm - 9:30pm | Hybrid

Cost: Kshs 4,000 (Includes Study Book, Refreshments, and Retreat)

Register via: Email - temoi@karuracc.or.ke or call - 0708122457 (Eliud Temoi)

Paybill: 522533 | Account Name: 7729946#Ombi

Upcoming...



EGM & SGM

Extra Ordinary & Special General Meeting

SAT 7TH JUNE 2025
9:00AM - 12:00PM

IN PERSON

Karura Community Chapel,
Limuru Road

VIRTUALLY



Meeting ID: 816 2597 1642
Passcode: Karura25



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Care Needs

Let us continue to stand with our brothers and sisters in prayer:

1. Austin, a youth volunteer, has lost his mum. The burial will take place on Saturday, 17th May 2025 in Bomet.
2. Jemimah, a member of our congregation, is currently admitted at Nairobi Hospital. Let us pray for her healing and strength.
3. Pastor Patricia Mwenya has lost her mother-in-law and is currently outside the country.

Let's lift them up in prayer and reach out with love and support during this time.

For any care needs, kindly contact Patricia Kimanzi on the Care Line: 0721 766016.

Do you have a
prayer need?
CLICK Here
to let us
know.

CLICK
Here to
let us
know.

KARURA COMMUNITY CHAPEL YOUTH MINISTRY



Join the Youth Football Team.

AT KARURA CHAPEL FORESIGHT GROUNDS.

PRACTICE TIMES:
Saturdays, 4pm-7pm

For More Inf: +254 742 148 552 (Jerry)



Equipping and Training



Saturday
7th
JUNE
2025



Internship Alumni Reunion


Call for all former interns since inception
Karura CC, Limuru Road | 2pm - 6pm


Register through ruthlutsili@karuracc.or.ke or 0752739007-Ruth Lutsili


www.karuracc.or.ke


 @karuracc


Karura Centre

 The Aga Khan University Hospital











Blood Donation Drive

 Sunday,
25th May 2025
9am - 2pm

 **Karura Community Chapel**
Limuru Rd

For more info, reach out to us via uzima@karuracc.or.ke or call Queenveil on 0113580540



Uzima ^{FREE} Wellness Medical Camp



CALL FOR
PARTNERSHIP

 **Karura Community Chapel**
Limuru Rd

 Saturday,
12th July 2025
8am - 4pm

This camp aims to enable community members to access services that would otherwise be expensive or inaccessible to majority of them. **We need your help in achieving this.**

PAYMENT DETAILS

Paybill: 720860
Account: Uzima Medical Camp

For more info, reach out to us via uzima@karuracc.or.ke or call Queenveil on 0113580540

 @karuracc

www.karuracc.or.ke



Uzima ^{FREE} Wellness Medical Camp



CALL FOR
VOLUNTEERS

 **Karura Community Chapel**
Limuru Rd

 Saturday,
12th July 2025
8am - 4pm

We are seeking both medical and non-medical volunteers to join us in making healthcare accessible and affordable for our community. Your support will help provide essential services to those who might otherwise go without. **Join us in this impactful mission!**

PAYMENT DETAILS

Paybill: 720860
Account: Uzima Medical Camp

For more info, reach out to us via uzima@karuracc.or.ke or call Queenveil on 0113580540

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Uzima Wellness Food Support



Uzima Wellness Program is working in partnership with Gertrudes Hospital in Githogoro to provide food support to terminally ill patients suffering from various ailments so as to enable them have proper meals and take their medication as recommended. We would like to invite members of the congregation & community at large to be part of this and support the worthy cause. Support can be in kind or monetary

PAYMENT DETAILS

Paybill: 720860
Account: Uzima Food Support

For more info, reach out to us via uzima@karuracc.or.ke or call Queenveil on 0113580540

Fundraising Desk





KICK-OFF TIMES:

21KM
6:30AM

10KM
7:00AM

5KM
8:00AM

TICKETS:

Adults: **KES 2,000**

Children (below 10 years): **KES 1,000**

Paybill: 522533

AC/Name: 7665979#Run

Register via run.co.ke/karura

For more info call

0708 984 773

0720 821 330

or info@run.co.ke

SCAN TO REGISTER



KARURA CHAPEL

RUN

2nd August '25

5km | 10km | 21km





KISIMA CHAMPIONS CENTRE

**FOR
HIRE**

Need a convenient, affordable, well maintained and reliable place to host your meetings? Kisima Champions offers you over 3,000 square metres, 20+ rooms to hire throughout the week.

Event spaces for:

- Weddings
- Album Launches
- Graduation
- Indoor Sports
- Arts & Crafts
- Dinners & Cocktails

Amazing Meeting Rooms for:

- Chama Meetings
- Family Gatherings
- Conferences/Workshops/Seminars



 +254 721 990 880

 Next to Rosslyn Riviera Mall, Limuru Road

 info@karuracc.or.ke  www.karuracc.or.ke

RATE CARD

Rooms				
Capacity	Duration	KCC Non Members	KCC Members (CLG/Registered)	No. Rooms
Boardroom Corporate Meetings				
15 pax	Per Hour	2,500	2,000	3
	Rate per month	33,150	22,100	
Kisima Centre Conference Rooms				
30-40pax	Per Day	5,000	4,000	12
	Rate per month	88,400	66,300	
CBC-Related Indoor Games Facilities				
	Per Day	40,000	25,000	2
Weddings & Events				
Capacity	Duration	KCC Non Members	KCC Members (CLG/Registered)	No. Rooms
Kisima Centre & Hall				
250pax	Per Day	70,000	50,000	3
Classrooms - Saturday (Day Meetings)				
	Per Day	5,000	4,000	12
	Rate per month	88,400	66,300	
Classrooms - Weekday (Evening Meetings) 5:30pm - 8:00pm				
	Per Day	2,000	1,500	12
Main Sanctuary (Mon, Tue, Thur & Fri 8am-8pm), (Wed & Sat 8am-4pm) Sunday 3pm-8pm				
1,200Pax	Per Day	100,000	75,000	1
Hekalu - Youth Sanctuary (Mon - Fri 8am-8pm), (Sat 8am-4pm) Sunday 3pm-8pm				
400 Pax	Per Day	55,000	45,000	1

OTHER COST FOR WEDDINGS & OTHER LARGE EVENTS

Sound team cost - KShs. 5,000/-

* For license agreement a monthly flat rate of KShs. 15,000/- will apply for service charge

* Main Sanctuary & Hekalu a refundable amount Ksh. 20,000/- will apply.

FREQUENTLY ASKED QUESTIONS (FAQS)

1.

How do I book a space?

You can book a space by calling our reservations team at 0721990880 or sending us an email to info@karuracc.or.ke who will work with you to reserve and share your booking and payment details.
2.

What kind of events can I host?

You can host a variety of events including funeral planning meetings, church group meetings, pre-wedding meetings, CLG meetings, weddings, corporate events, corporate or business team buildings or even school related events and many more
3.

When can I choose to have my meeting/event?

Kisima Champions, Main Sanctuary and Hekalu are available for short term hires on Mondays to Fridays from 8:00am to 8:00pm. Saturdays 8AM-5PM, Sundays 3PM - 8PM
4.

Can I make payments via Mpesa?

Yes, we accept payments via Mpesa for your convenience.

Bank: KCB

Branch: Village Market

KES. A/C No. 1104059983

USD – GT Bank

Account no. 2250007814

MPESA PAYBILL: 759730
5.

In the event that I had made a booking, paid and have to make a cancellation? What happens?

In the event you need to cancel or reschedule a confirmed booking, the funds paid can be held as credit with the Church. This credit can be utilized by you for a future booking. The funds can be refunded 100% if cancellation is done 10 days prior the event. The Church may cancel the booking if the booking will in the reasonable opinion of the Church, prejudice the reputation of the Church.

WAYS TO *Give*

Tithe & Offering

MPESA PAYBILL: **532900**
A/C: **Tithe and Offering**

Cheques Payable to
Karura Community Chapel

Bank: **KCB** Branch: **Village Market**
Ksh. A/C no. **1104057999**

Pesalink: **USD Account:**
Bank: **Guaranty Trust Bank**
Branch: **Westlands**
A/C No. **2250007814**

PDQ Machines are available
at the info desk.

City on a Hill

WAYS TO GIVE

MPESA PAYBILL: **759730** | A/C – **BUILD**

Bank: **KCB**
Branch: **Village Market**
Kes. A/C No. **1104059983**
USD – **GT Bank**
Account no. **2250007814**

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PLEDGE**

**LISTEN TO OUR
WEEKLY PODCASTS
HERE**

Click      **to Like | Follow | Subscribe**

Thank you for making it this far, please do share with a friend. :)